

THE RESERVE REVIEW

Official Newsletter of The Reserve Club at Woodside

May 2022





IN THIS ISSUE

AN ALBATROSS & MORE!

Read as Member Karen Vijuk shares an exciting victory by foursome Janet Roberts, Julie Stevens, Donna Eaton, and Pam Ruthven on Number 17 of the Nicklaus course.



MAKE A SPLASH!

Read along as our General Manager updates the Membership on all things poolside coming to you this summer.

WELCOME OUR NEWEST ASSOCIATE

Join us in welcoming Samantha Sims, the Reserve Club's Membership Director. You can read all about Samantha and what she is looking forward to about joining the Reserve team!

VILLAGE FITNESS OPEN HOUSE

This month, Village Fitness will be hosting a special Open House for Reserve Club Members! They will be hosting two classes a day, plus Intro classes from May 23 to May 28.



We have so many events coming to you this month! Read our Featured Events spread to get the inside scoop on everything happening at the Club this month. Don't forget to check the Club's weekly emails for the most up-to-date information!





UPDATES FROM YOUR GENERAL MANAGER

Make a Splash This May

With many of our projects wrapped up and summer right around the corner, it's time to make a splash here at The Reserve Club! While there are many fun summertime activities to do at the Club, taking a dive into the beautiful pool is definitely one our favorites. Not only is swimming a great way to relax, but time spent in the water is beneficial to your health! As well as being fun, swimming is a great way to keep fit, stay healthy, and make friends as you socialize with fellow Members. Swimming helps alleviate the body of physical and mental stress, as well as provides good low-impact exercise.

Make sure to join us for Memorial Day and for the Fourth of July as we kick off Aiken's warmer days by the water. More details on these events will be coming out shortly, so stay connected via the Club's weekly emails. We look forward to seeing you all enjoying our amenities this summer!

On behalf of the entire Reserve Club team, we thank you for your continued support.



Garry Garrett
CCM, CCE
CHIEF OPERATING OFFICER
AND GENERAL MANAGER





THIS MONTH AT THE CLUB April fightights



















Visit our website and select "Photo Album" from the home page to see all event photo galleries.



Samantha Sinz MEMBERSHIP DIRECTOR

Join us in welcoming Samantha Sims!

What excites you most about joining the team at
The Reserve Club?

I am excited to be a part of a new club, where I can further my knowledge in the hospitality industry. I can't wait to meet all of you and learn how I can better serve the Membership!

Where are you from, and what brought you to our area?

I was born and raised in Thomson, Georgia, which is right outside of Augusta. I worked at Augusta Country Club for six and a half years. When I heard of the Membership Director position, I knew it would be an amazing opportunity to meet a new membership and grow.

Where are your favorite places to visit in Aiken, and what do you enjoy doing in your spare time?

I love downtown Aiken, just walking and viewing the shops, especially the dog bakery. Takosushi and Aiken Brew Pub are a few favorites of mine. In my spare time, I love to spend time with my dogs and younger siblings. Baseball games with my boyfriend are my favorite over the summer!



What are you most looking forward to in your career at The Reserve Club?

I look forward to meeting all of you and prospective Members! It is exciting being "the face of the Club" in hopes of retaining new Members. I hope to make a positive impact on the Club!

What role do you hope to play in improving the Member Experience at The Reserve Club?

One improvement I plan to make is the integration of new Members. I plan to get them in the door, but also connected with groups and other Members with similar interests, so they feel welcomed and at home! I also hope to improve Membership for all of you!



Sanantha Sins

MEMBERSHIP DIRECTOR
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JOIN US THIS MONTH

KENTUCKY DERBY DAY MAY 7

Join us for the greatest two minutes in sports as we kick off the Kentucky Derby with a tapas buffet, bourbon tastings, and fun! Ladies, wear your most outrageous Derby hat, and gentlemen, wear your best bowties! Visit the Club's social calendar for details and to RSVP.

MOTHER'S DAY BRUNCH MAY 8

Dine with us on Sunday, May 8, for our Mother's Day Brunch! Reservations can be made by visiting the social calendar or by calling Concierge at 803-648-1601.

VILLAGE FITNESS OPEN HOUSE MAY 23 - MAY 28

Reserve Club Members are invited to an exclusive Open House week, May 23rd - May 28th. This week is dedicated to introducing you to all of the services available to you at Village Fitness. View the Open House schedule by reading along in our Village Fitness article.

MEMORIAL DAY MAY 30

Splash over to the pool to kick off the summer with our Memorial Day Celebration. Invite your friends and family and stay connected for more details on this fun event!

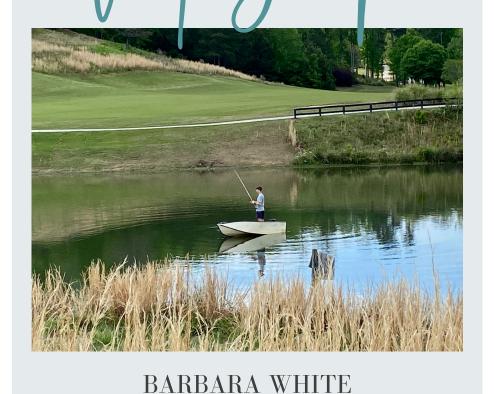
SEE ALL OUR EVENTS AND REGISTER FOR YOUR FAVORITES ONLINE TODAY!







MEMBER SUBMISSIONS









PAM BALLARD



An Albatross and More!

When a foursome of single digit golfers ventures out to play, expectations run high. So it was on March 30, 2022, this group did not disappoint. It was at The Reserve Club where it happened. It was a Wednesday, the normal play day for The Reserve Women's Golf Association (RCWGA), and the event for the day was "Low Gross/Low Net."

As the foursome of Janet Roberts, Julie Stevens, Donna Eaton, and Pam Ruthven teed off the par five Number 17 of the Nicklaus course, the ladies commented on the desire to get a long drive that would get up over the hill for a good look at the green. Janet had the "shortest" drive of 184 yards, and accordingly hit first.

As Janet later said, "That ball had eyes!" It was surely getting a good look at the green as it travelled the 190 yards to the hole without missing a beat. An Albatross! A Double Eagle! A score of 2 on a par five!



After the celebration and photo op, the others proceeded to finish the hole – Eagle, Birdie, Par! Julie got the Eagle, Donna the Birdie, and Pam posted a Par! The extraordinary group's scorecard read 2, 3, 4, and 5 on a single hole!

A 2004 article in Golf World magazine quoted Dean Knuth, inventor of the USGA's slope rating system for golf courses and handicaps, as saying that the odds of an Albatross are one million to one! Makes you wonder what the odds would be for Par, Birdie, Eagle, and Albatross all in the same foursome! And, yes,

Janet won low gross for the day with a sweet 74!

But wait, there's more! There were two aces that day, too: June Yonkman, 151 yards par three No. 3 and Marietta Castellano, 98 yards par three No. 15.

"A lot of smiles and toasting going on that day," said Carrie Dillard, President of the RCWGA





Ladies proudly showing their score on the par five No. 17! Standing left to right: Janet Roberts, Julie Stevens, Donna Eaton, and Pam Ruthven.

DO YOU WANT TO BE FEATURED IN THE RESERVE REVIEW?

Send your story to Lexie at LLail@TheReserveClubatWoodside.com for a chance to be featured in next month's center spread and share your story with fellow neighbors!



What did the spring say when it was in trouble? May Day!

All jokes aside, summer is quickly approaching, and we have some exciting things happening around the Club this month to look forward to. Before I dive into what we have coming up, I wanted to take a moment to thank our Reserve Club team for their hard work in the month of April and especially Masters Week. I hope you all enjoyed the draw party and dinner afterward, as we had a great crowd that evening.



Come join us this month for some of our featured events such as the Kentucky Derby viewing party, Mother's Day Brunch, Wine Tasting and Memorial Day! For those joining us for the Kentucky Derby, I encourage you to make separate reservations for dinner so we can accommodate all of those who wish to join us for "The Greatest Two Minutes in Sports." Reservations for Mother's Day Brunch are filling up fast, so be sure to get your spot so you can take care of those special women in your life. I know that I wouldn't be the man I am today without my mother and her constant support of my career.

Be on the look out for more details about our Wine Tasting on the 27th, and also our Memorial Day Cookout. Thank you to our wonderful Membership for your continued support of our Food and Beverage team, and we hope to see you around the Club this month!





Ingredients

LEMON 2, sliced thinly

SALMON FILET 11b

BUTTER 6 tbsp, melted

HONEY 2 tbsp

GARLIC
3 cloves, minced

THYME LEAVES 1 tsp, chopped

DRIED OREGANO 1 tsp

SALT AND PEPPER to taste



LUNCH:

Tuesday - Sunday 11:00 AM - 3:00 PM

LOUNGE:

Wednesday - Saturday 3:00 PM - 5:00 PM

DINNER:

Wednesday - Saturday 5:30 PM - 8:00 PM (Serving until 8:30 on Friday and Saturday)

BAR:

Sunday 10:00 AM - 6:00 PM
Tuesday 11:00 AM - 6:00 PM
Wednesday & Thursday
11:00 AM - 8:00 PM
Friday & Saturday until 8:30 PM

HAPPY HOUR ON THURSDAYS FROM 4:30 PM TO 6:30 PM



FEATURED RECIPE: Ojarlic Butter Galmon

Treat the lady in your life with the meal she deserves this Mother's Day. Cooking this dish over a bed of lemon slices infuses the salmon with a fresh, citrusy flavor that helps make the fish super tender!

INSTRUCTIONS

- 1. Preheat the oven to 350°. Line a large rimmed baking sheet with foil and grease with cooking spray. To the center of the foil, lay lemon slices in an even layer.
- 2. Season both sides of the salmon with salt and pepper and place on top of lemon slices.
- 3. In a small bowl, whisk together butter, honey, garlic, thyme, and oregano. Pour over salmon then fold up foil around the salmon. Bake until the salmon is cooked through, about 25 minutes. Switch the oven to broil, and broil for 2 minutes, or until the butter mixture has thickened.
- 4. Garnish with parsley and pair with your favorite vegetable. Enjoy!

Mastering Strategy: TENNIS DOUBLES

IN TENNIS, DOUBLES IS A VERY DIFFERENT AND MORE COMPLEX GAME THAN SINGLES. THE COURT IS BIGGER, THERE ARE MORE PLAYERS ON THE COURT, YOU TYPICALLY SPEND MORE TIME AT THE NET, AND POINTS ARE GENERALLY SHORTER.



When creating a tennis doubles strategy for your team, there is a lot to consider. Below, you'll discover proven strategies, tips, and tactics so you can become a better doubles player, frustrate your opponent, and win more tennis matches.

TAKE OVER THE NET

This strategy is common among professional doubles tennis players like the Bryan Brothers. You often see points where both players end the point only a few feet away from the net.

If you can take over the net consistently in a doubles match, you will put pressure on your opponent. You can force them on their heels, and make them try to hit difficult, low percentage shots. Volleys close to the net are usually easier shots as well, so you'll win more points. You have better angles at the net, and you can smash the ball down into the court.

MOVE SIDE TO SIDE AT THE NET

You should always be using this strategy at the net in doubles. Moving laterally at the net, especially when your opponent is about to hit a groundstroke, will put pressure on them. Tennis players are taught to not hit to the net player in doubles, so they will likely try to change the direction of their shot, or hit a more difficult shot. This can cause countless unforced errors and frustrate the other team. If you are faking, you may also get an easy volley to win the point.



Racquet Apolates

April 24 Tennis Summer Start Timed Effective May 1, 2022

> Ladies' Social Tennis: 8:00 AM Men's Social Tennis: 10:00 AM

PICKLEBALL SUMMER LADIES AND MEN'S OPEN PLAY START TIMES EFFECTIVE MAY 1, 2022

Ladies' and Men's Open Play: 8:00 AM



LET'S GET STRONGER TOGETHER AT VF

Village Fitness invites Reserve Club Members to an exclusive Open House the week of May 23rd - May 28th. This week is dedicated to introducing you to all of the services available to you at Village Fitness. Each day, specific classes will be open for you to attend, with optional introduction sessions to learn more about setup and technique before class time. Join our esthetician and stretch coach at their open demo and education sessions to learn more about the benefits of their services.



MONDAY, MAY 23

9:10 AM: RIP Intro

9:30 AM: RIP - (45 min)

10:00 AM to 12:00 PM: Practitioner-Assisted Stretch

6:40 PM: Yoga Flow Intro

7:00 PM: Flow Yoga - (55 min)

TUESDAY, MAY 24

9:15 AM: Line Dancing - (45 min)

10:00 AM to 11:00 AM: After Workout Mini

Facial Demo

11:00 AM to 12:00 PM: Anti-Aging Power Peptide

Peel Demo

6:15 PM: Barbell Tabata - (45 min)

WEDNESDAY, MAY 25

8:10 AM: Cycle Intro

8:30 AM: Immersive Cycle - (50 min)

10:00 AM: Brain & Body Fitness*

10:30 AM: Restorative Yoga Intro

10:45 AM: Restorative Yoga - (55 min)

3:40 PM: Aquafit Intro

4:00 PM: Aquafit (55 min)

*This demonstration takes place in The Reserve Club Ballroom

THURSDAY, MAY 26

8:00 AM: Pilates Intro

8:15 AM: Mat Pilates (55 min)

12:00 PM to 1:00 PM: Microdermabrasion Demo

1:00 PM to 2:00 PM: Eyelash/Eyebrow Tint

Combo Demo

4:40 PM: Flow & Deep Stretch Yoga Intro

5:00 PM: Flow & Deep Stretch (55 min)

FRIDAY, MAY 27

8:15 AM: Aquafit Intro

8:30 AM: Aquafit (55 min)

8:40 AM: Barre Intro

9:00 AM: Barre (55 min)

SATURDAY, MAY 28

8:00 AM: Zumba Intro

8:15 AM: Zumba (55 min)

9:30 AM: AquaBodyworks (55 min)



Cyst UPDATES



2022 MEMBER-MEMBER GOLF CHAMPIONSHIPS

Teams can sign-up at ForeTees/Events.

Men's Member-Member: May 5-6

Defending Champions:

Over-All Gross Champions: Tony Allman

& Sean Wright

Over-All Net Champions: Brian Davis

& Jason Theobald

Women's Member-Member: May 11-12

Defending Champions:

Over-All Gross Champions: Tina Houston

& Pam Ruthven

Over-All Net Champions: Aline Cook

& Charlotte Antaki

MASTERS DRAW TOURNAMENT WINNERS

Thank you to all the Members that participated in the "Master's Draw" Majors Challenge Event. Prizes are paid out in the golf shop credit book. Congratulations to the following winners:

Bob Carlson Mark Beck

Dennis Coyle Jo Clayton-Reyna

Sean Marie Holloway Tim Hassett

Don Hanlon Cathy Reusche

Gary Daniel Jude Bublitz

Pam Sowers Brad Williams

Beverly Grant Beverly Grant

Jon Canerday

THE 2022 PGA CHAMPIONSHIP "DRAW TOURNAMENT"

Join "Majors Challenge" today to participate in the 2022 PGA Championship "Draw Tournament," the 2nd Major of the year, May 19-22. Team selection opens on Monday, May 16th. Stop by the golf shop for details or visit following link.

https://www.majorschallenge.com/club/thereserveclub



MEMORIAL DAY "BEAT THE PROS" TOURNAMENT

Put together your best foursome and try to "Beat The Pros." This is a Scramble Format of 18 holes with more details coming soon!





May Agronomy Report

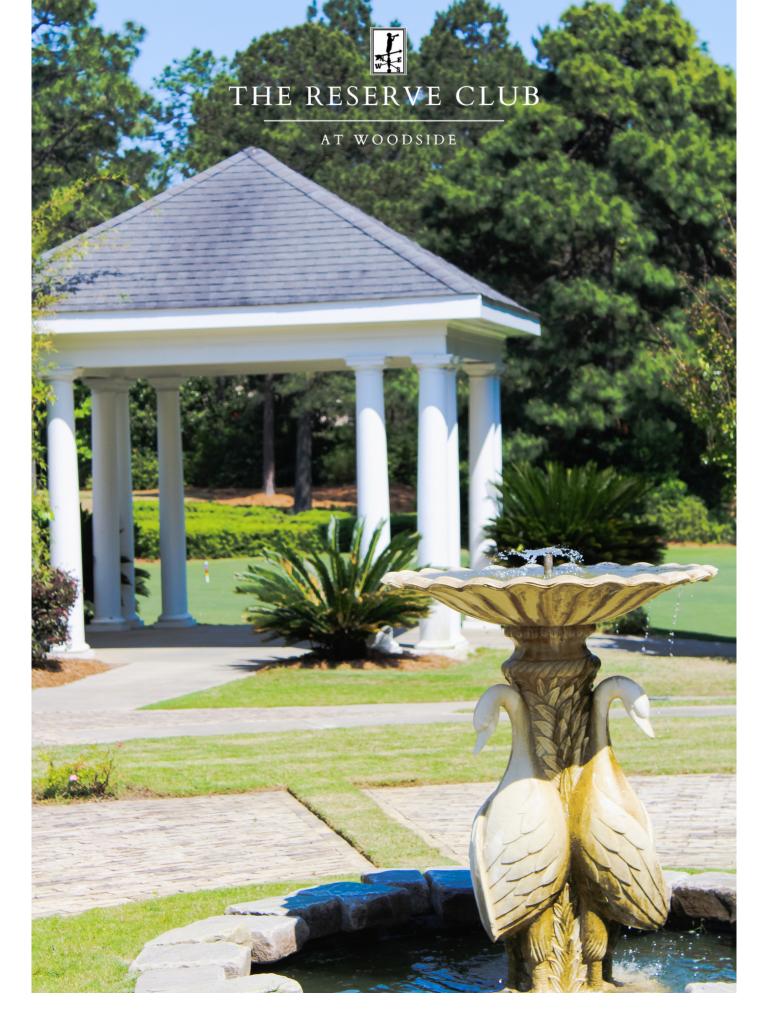
The last few months have been a challenge with the up and down weather patterns we have had. The third weekend of March had temperatures go back into the low twenties, which will set Bermudagrass back once it has started to green up, which we were well on our way. Bermudagrass does not start to fully grow until nighttime temperatures stay consistently in the high fifties to low sixties.



Our collars around the greens took the biggest hit, and our team will begin to aggressively fertilize and spike those areas to get them to recover quicker. The team did finish a big drainage project in front of thirteen green on Hollow Creek, and I could not be more pleased with how it turned out. We will begin staffing up more, now that the weather is starting to turn our way and the grass is starting to come completely out of dormancy.







803.648.1601 www.TheReserveClubAtWoodside.com