

THE RESERVE REVIEW

Official Newsletter of The Reserve Club at Woodside

June 2022



IN THIS ISSUE

FOURTH OF JULY AT THE RESERVE CLUB

If it involves fireworks, BBQ, and freedom count us in! Your 4th of July schedule is here! View our center spread for all things red, white, and blue happening at The Reserve Club.

MEET OUR NEWEST RACQUET ASSOCIATES

Join us in welcoming Josh and Nina to our courts! Read all about how they came to be our newest tennis and pickleball instructors.

PLAN AHEAD

View all of our upcoming events this month! We have some great events that you won't want to miss. Be sure to check your weekly Club emails for the most up-to-date information and details.

WHAT'S NEW AT THE CLUB

Read along as our General Manager, Barry Garrett, updates our Members on all of the new and exciting updates coming to the club!

VILLAGE FITNESS & AGELESS GRACE

Learn about Village Fitness' newest class: Ageless Grace. Read about how it can help exercise the brain and body to help make a healthier you!







A NOTE FROM YOUR GENERAL MANAGER

('ulinary (Applates

I am happy to announce that Jose Ruiz joined our culinary team as our Executive Sous Chef the last week of May. Jose has a strong culinary background and has honed his skills over the years working at places such as Johns Island Club, Wildcat Cliffs Country Club, and most recently at Sage Valley Golf Club for the last several years. A follow up communication and brief bio will be sent out to the Membership once he is onboard. We are making great progress with our culinary search and anticipate interviewing Executive Chef candidates over the next several weeks, so stay tuned for further updates!



Darking (of Expansion

A few other updates I would like to share with the Membership include the recent parking lot work. The Club completed the conversion of the drop off area in front of the tennis and pool building into nine additional parking spots, which we know will be greatly appreciated by many. We also recently completed a parking lot crack-fill and striping project.

Jool News

I am also happy to announce that the swimming pool snack bar will be staffed 6 days per week, beginning Memorial Day weekend. A separate communication was sent to the Membership, publishing the pool rules as a friendly reminder, the hours of operation, and the snack bar menu. Please remember to enter the pool through the building versus the side gate and register yourself, and any guests with you, for the day. We're all looking forward to a great summer at the pool!

the Fourth of July

July 4th is just around the corner and we are looking forward to hosting our annual July 4th celebration and fireworks show! The Club staff have been hard at work coordinating all the details for another successful event, so mark your calendars and plan to join us for a tribute to our veterans, followed by a wonderful fireworks show, facilitated by Munnerlyn Pyrotechnics.

On behalf of the entire Reserve Club team, we appreciate your continued support!



Barry Garrell

CHIEF OPERATING OFFICER AND GENERAL MANAGER









A NOTE FROM YOUR Membership Director

HELLO, EVERYONE!

I am grateful for the relationships I have made so far, but for those of you who have not met me, I want to give you an inside scoop. I hail from Augusta Country Club, where I worked for over 6 years. I love the Membership and clubhouse atmosphere, which is what attracted me to The Reserve Club. My goal is to improve Membership for you, but also for new and potential Members starting with new member integration!

My first month here at The Reserve has been very welcoming. Thank you all for stopping in to introduce yourselves and getting to know me. I have enjoyed meeting every one of you! This has shown me the true Reserve Club spirit and helps me ensure that potential and new Members will find a place to call home, and make lasting friendships, here in the Woodside community.

I am currently working on a New Member Mixer, so be on the lookout if you have recently joined or are interested in meeting the newest Members of TRC! I also will be attending Pub Clubs frequently, so I hope to see many of you there!

Thank you all for a great first month!



Samantha Sims

MEMBERSHIP DIRECTOR

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JOIN US THIS MONTH

FATHER'S DAY BURGERS & BREWS SPECIAL SUNDAY, JUNE 19

A father is someone you look up to no matter how tall you grow. Please join us for our Father's Day Burgers & Brews Special to celebrate the incredible men in your life!

ART CLASS WITH CAROL FRASER FRIDAY, JUNE 10

Let your creativity shine this month with Carol Fraser! Join her in the studio to create your very own garden post. Be sure to check your email and social calendar for more information.

INTRO TO BALLROOM DANCING WEDNESDAY, JUNE 15 AND JUNE 29

Put your boogie shoes on and let's get dancing! Join Christy and Peter Barton's two-part dance workshop for an introduction to common ballroom dances such as waltz, foxtrot, swing, and rumba. Waltz over and view the social calendar for more details!

4TH OF JULY Monday, July 4

Land of the Free, because of the Brave. Help us celebrate our nation's birthday by joining us for our 4th of July Celebrations! More details can be found on the social calendar, as well as the center spread of this Reserve Review!

SEE ALL OUR EVENTS AND REGISTER For your Favorites Online Today!

THIS MONTH AT THE CLUB ())))) Cpelling Bee AN EVENT YOU WOULDN'T BEE-LIEVE



Visit our website and select "Photo Album" from the home page to see all event photo galleries.

TRC'S NEWEST TEAM MEMBERS

We are excited to introduce the newest additions to our Racquet Operations, Josh Banks and Nina Hon! Please join us in welcoming them to The Reserve Club, and if you see them around, be sure to give them a warm Reserve welcome!

Josh Banks

Head Tennis Professional

Welcome Josh Banks, Head Tennis Professional under Director of Racquets, Andrew Burrow!

Josh is originally from Queensland, Australia and is 28 years old. He played college tennis at the #1 position for the College of the Desert in Palm Desert, California, before transferring to the College of Coastal Georgia in Brunswick, Georgia. Josh was the previous practice partner for Djokovic, Nishikori, Monfils, Raonic, Halep and The Bryan Brothers. Growing up, Josh began practicing and traveling with Ash Barty, Nick Kyrgios, Thanasi Kokkinakis, and numerous other world ranked Australian ATP/WTA players.



Before joining us at The Reserve Club, Josh previously coached at numerous country clubs in California and the North-East, such as Shadow Mountain Resort (Palm Desert, CA), The Vintage Club (Indian Wells, CA), Myopia Hunt Club (South Hamilton, MA), Sakonnet Golf Club (Little Compton, RI), Dedham Country and Polo Club (Dedham, MA), and The Country Club (Brookline, MA).

Mina Hon

Head Pickleball Professional

Welcome Christina "Nina" Hon, Head Pickleball Professional!

Nina grew up in Midland, Michigan and started competing in track and field at just 5 years old. Nina was a four sport varsity athlete in high school, helping her earn a full athletic scholarship for track and field to Iowa State University. Upon graduation, she went on to complete her Master of Education degree in Physical Education at Northwest Missouri State University. Upon moving to Bluffton, South Carolina, Nina stumbled upon Pickleball in her community and was hooked almost immediately.



She was named the Head Pickleball Teaching Professional at Minto Margaritaville in 2020. In 2021, Nina competed in over 20 tournaments, medaling in every tournament at either the 4.5 or 5.0 level. She was the 2021 US Open Singles Champion for women 35+ and earned two top five finishes at the 4.5 level in the same tournament. Earning two "golden tickets" in both Women's and Mixed doubles qualified her for the 2022 National Championships. She ended 2021 with top ten rankings in Women's Doubles (35+), Mixed Doubles (35+), and Singles (35+). Upon moving to the CSRA, Nina has given lessons and run private clinics all over the Columbia/Aiken/Augusta area!



WE INVITE YOU TO JOIN US THIS JULY 4TH FOR OUR ANNUAL CELEBRATION OF INDEPENDENCE DAY. IN THIS SPREAD, YOU WILL FIND ALL OF THE DETAILS OF OUR EVENT TO HELP YOU PREPARE FOR THE DAY OF RED, WHITE, AND BLUE!

11:00 AM - 2:00 PM: Poolside Café Cookout

4:45 PM: Range open for Members to set up chairs

6:00 PM - 7:30 PM: BBQ Buffet & Veterans Slideshow

7:30 PM: Driving Range Bar & Beverage Station Open

8:30 PM: Aiken Choral Society Program, Flag Ceremony, POW/MIA Recognition, National Anthem

9:30 PM: Fireworks Display

We will also be providing a parking lot shuttle from 6 PM - 11 PM. Members and their guests are encouraged to carpool due to the limited parking lot capacity.

POOLSIDE COOKOUT, 11 AM - 2 PM

This year's July 4th Poolside Cookout will feature a buffetstyle lunch, complete with classic favorites like hot dogs, hamburgers, and grilled chicken, served fresh from the grill. Be sure to visit our website to see the full menu.





BBQ BUFFET & SLIDESHOW, 6 PM - 7:30 PM

Our Dinner Buffet will include classic BBQ options for you to enjoy. The buffet will be hosted in the ballrooms, all while we share a slideshow to celebrate our Member Veterans. As a reminder, our dress code is required for this event. No pool attire or printed tee shirts will be allowed in the Ballroom.

RANGE BAR & BEVERAGE STATION. 7:30 PM

Drink tokens must be purchased to be exchanged for alcoholic and non-alcoholic drinks. Tokens will be available for purchase the evening of the event at the driving range.





CHORAL PROGRAM, FLAG CEREMONY & FIREWORKS, 8:30 PM

After dinner, join us outside at the driving range to celebrate with a welcome and vocal program by the Aiken Choral Society. Reserve Member, Mike DeBruhl, and other Member Veterans will MC an Independence Day Flag Posting Ceremony, with a Prisoner of War and Missing in Action Recognition to follow. Afterward, you won't want to miss a special National Anthem tribute and everyone's favorite: fireworks presented by Munnerlyn Pyrotechnics. Enjoy the rest of the evening with DJ music featuring patriotic songs to fit the holiday.

We cannot wait to see you all there to celebrate our nation's heroes.



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COMMUNICATIONS



WANT TO LEARN MORE ABOUT OUR 4TH OF JULY FESTIVITIES?

Be sure to check online for the full menu and description of events!



Featured Drink Recipe: Blueberry Lemon Ginger Fizz

This sweet and zesty drink is perfect for the hot summer months ahead!

The night before:

- 1. Using an ice cube tray, add water, lemon zest, blueberries, and sprigs of mint.
- 1. Freeze overnight to enjoy your drink the next day.

Making the Drink:

- 1. In a large bowl, mix your blueberries, sugar, ginger, and wedge or two of lemon juice.
- 1. In a shaker, add the blueberry mix and chopped mint.
- 2. Muddle thoroughly.
- 3. Add vodka and muddle.
- 4. Add ice and shake.

Pouring the Drink:

- 1. Pour the drink into a bottle using a funnel.
- 2. Add lemon slices, blueberries, and mint to the bottle.
- 3. When ready to serve, add ginger beer to the bottle.
- 4. Pour cocktail over your prepared ice cubes and sip the day away!



Ingredients

vodka - 8 ounces

GINGER BEER - 2 BOTTLES

sugar - 2 Tsp

FRESH GINGER- 2 TSP

BLUEBERRIES - 2 CUPS

1 Large lemon

MINT SPRIGS *chopped*



What an outstanding month of May we had for Membership participation! Between our Ladies and Men's Member-Member golf tournaments, Derby Day, Mother's Day, Wine Tasting, and Memorial Day Weekend festivities, it was so great to see each and every one of you come and support the Club.

With summer officially beginning, we are very excited to bring back food and beverage offerings at the pool's snack shack. Be sure to come on over and say hello to Keshaa Hodge, who will be the lead supervisor at the snack shack. It's going to be a hot one this summer, so make sure you stay hydrated, whether it be on the golf course, pool, or just out and about!



We have some exciting events to look forward to this summer, including the addition of ballroom dancing classes, copious amounts of golf tournaments, and everyone's favorite celebration, the 4th of July Extravaganza! Look out for more details coming soon about the celebration, including the best fireworks show in Aiken.

As always, thank you all for your patience and continued support of our Food and Beverage team and program as we constantly aim for an above and beyond Membership experience!

ich *label* FOOD & BEVERAGE





HIT THE BALL TO THE NET PLAYER'S FEET

It is much more difficult to hit a good volley from down low by your feet or ankles than a volley up high at your chest or shoulders! Hitting the ball at your opponent's feet puts them at a huge disadvantage.

They will usually miss the shot or pop the ball up, since they have to lift a difficult volley back up over the net. This is usually a good time for you or your partner to poach and put the ball away.

You can get the ball to their feet by hitting heavy topspin on your groundstrokes to get the ball to dip at the opponent's feet. Another tactic is to hit a soft volley that stays low over the net before dropping to the opponent's feet.



HIT GROUNDSTROKES DEEP IN THE COURT

When you're returning or hitting groundstrokes, try driving the ball deep in the court to push the opponent back. This will allow you to charge forward for the next shot!

Typically, the opponent hits a weak shot because you've forced them on their heels behind the baseline. This also gives you time to attack from the net. I like to do this with my forehand, aiming for the deep corner near the doubles alley.



ATTACK THE MIDDLE OF THE COURT

One of my college tennis teammates used to say "down the middle solves the riddle." This is a great doubles strategy, especially if both opponents are at the net. There are several advantages you get from attacking the middle of the court in doubles:

1. You are forcing the other team to communicate, and potentially causing confusion. Usually, the opponent with the forehand in the middle will take these shots. If one opponent is left-handed and the other is right-handed, then this can be even more effective.

2. You are taking away the angles of their next shot. From the middle of the court, the opponent has smaller angles to use. This is a good time for you and your partner to pinch the middle since they'll have trouble passing you wide.



Indrew Burrow DIRECTOR OF RACOUETS

VILLAGE FITNESS PRESENTS: Grain and Body

KEEPING YOUR BRAIN HEALTHY

Our brains and our bodies are not as different as they may seem. They both get stronger as we grow and develop, but also change as we age and must be protected. Just like the human body, the brain also needs exercise to stay sharp and focused. Unlike the body, lifting weights and running is not the answer to keeping your brain strong. To keep your brain in the best shape, it needs mental and physical stimulation!

The new class being offered at Village Fitness, Ageless Grace, is a mind-body program to help combat the negative signs of an aging brain. It is based on the stimulation of Neuroplasticity to support cognitive health, and activates primary functions of the brain. Neuroplasticity is the brain's ability to change its structure and function based on its use. In other words, the more you perform a task, the better your brain will be at it. But if you don't perform that task for some years, it will lose the ability to do so.

Ageless Grace is a playful program performed all in the comfort of a chair! Movements called "tools" are used to activate your internal organs and systems. Each tool also combats a primary factor related to aging, such as balance, coordination, reactions, joint mobility, and more.

Anyone at any age or experience level can benefit from Ageless Grace, so be sure to check us out on Tuesdays at 11 AM and Thursdays at 1 PM to learn more about how we can change the quality and function of brain usage in our lives!



Jason Asry FACILITY DIRECTOR





CJOG UPDATES

2022 MEMBER-MEMBER GOLF CHAMPIONS

Women's Gross Champions Janet Roberts and Flossy Laudenbach

Women's Net Champions Jo Ann Clayton-Reyna and Holly Connelly

Men's Gross Champions *Brian Davis and Jason Theobald*

Men's Net Champions Allen Slaughter and Tony Klein

INTRODUCING U.S. KIDS GOLF EQUIPMENT

Golf Clubs designed for children, be they entry level, beginners, or intermediate players, are now available at The Reserve Club!







GOLF CART GPS UPDATE

Global Positioning System: GPS is a satellite navigation system used to determine the ground position of an object (i.e., a golf car).

On Monday, May 9th, Members of the Advisory Golf and Advisory Greens Committees conducted a series of thorough GPS field tests. They collected a significant amount of data and provided valuable feedback. By working closely with the GPS Tech Support and Graphics Teams, the Committee Member's efforts have allowed us to make important changes, updates, and improvements to the Reserve Club GPS system. We will continue to make sensible changes and adjustments as we move forward. THANK YOU to the Advisory Committee Members for volunteering their time to conduct the field testing and for continuing to provide feedback about the GPS system!

AGRONOMY UPDATES

June Agronomy Report

Bermuda grass season has finally arrived, and the fairways and collars have really started to fill in! We will begin aerifying the rough side of both courses, closest to the cart path side to help remove the compaction, due to all the cart traffic these areas have endured.



Topdressing of fairways on holes 7, 8, 9, and 10 on Hollow Creek will also be happening this month to help smooth out those surfaces from the original grow-in. Verticutting and topdressing of greens will become a bimonthly process from now until September to provide the Membership with the smoothest and truest greens possible!





THE RESERVE CLUB

AT WOODSIDE

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